

# HPV oropharyngeal cancer: an overview

Prof. Hisham Mehanna

Chair of Head and Neck Surgery

Director, Institute of Head & Neck Studies & Education

University of Birmingham

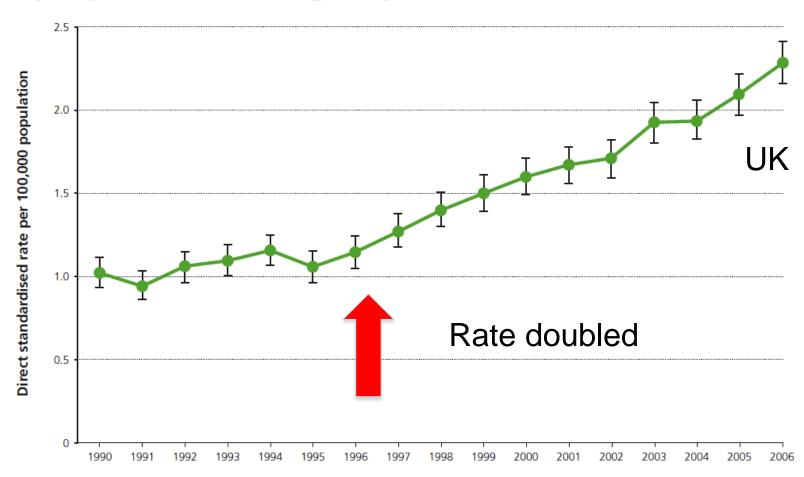






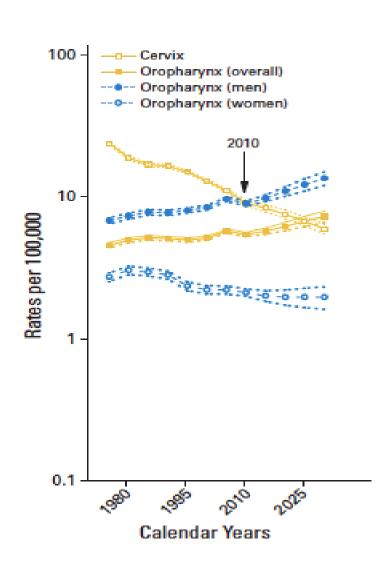
## Rapidly rising incidence

Oropharynx cancer excluding soft palate (ICD-10 C01, C09 and C10)





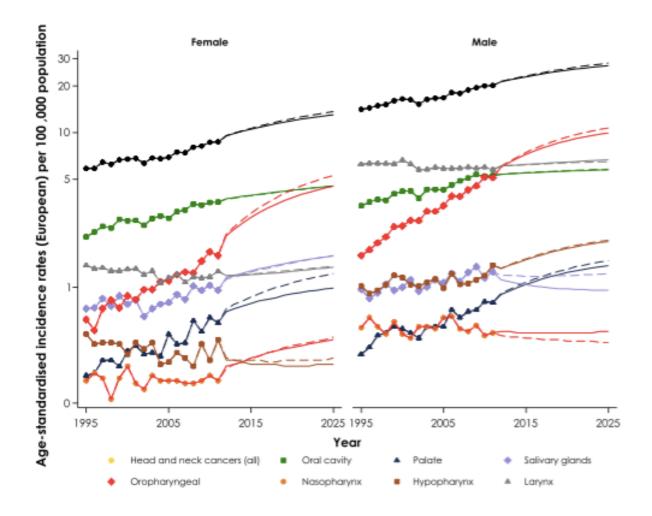
#### Oropharyngeal cancer projections USA

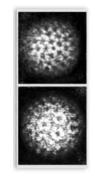


Chaturvedi JCO 2011



## **OPSCC** increasing

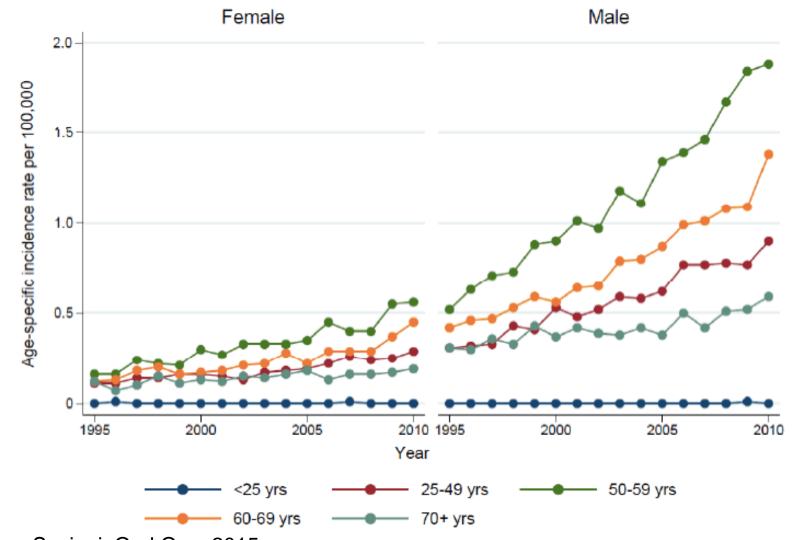




Louie, Mehanna, Sasieni, Oral Onc, 2015



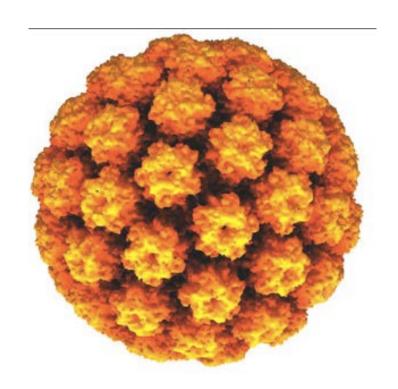
## **OPC** projections by age



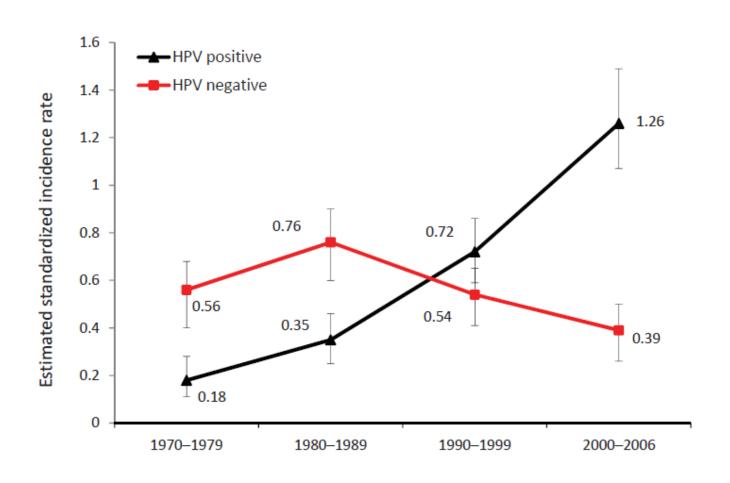
Louie, Mehanna, Sasieni, Oral Onc, 2015
Figure 2. Incidence of oropharyngeal cancers by sex and age-group



# **Human Papilloma Virus**

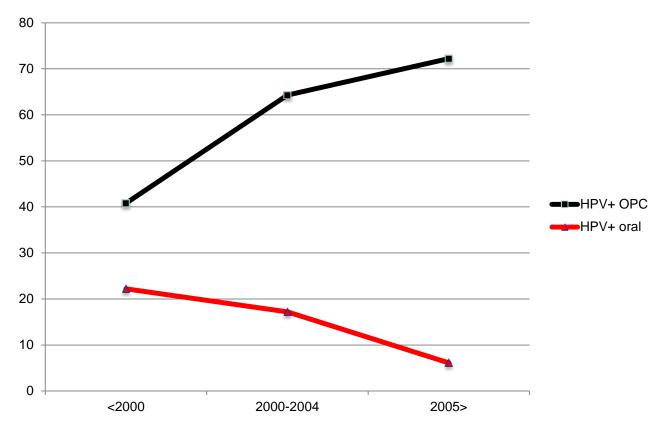


# Incidence of HPV+ve and HPV-ve tonsillar cancer squamous cell carcinoma cases (Stockholm, Sweden, 1970–2006)



#### **HPV-related OPSCC increasing**

Meta-analysis: HPV oropharyngeal and oral carcinoma by time 269 papers, 19,000 + patients



Global disease burden is increasing significantly

Mehanna, Head Neck 2013 www.inhanse.org

# THE LANCET Oncology



Published Online: 06 May 2010

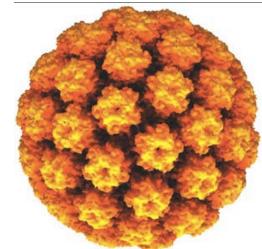
# HPV-associated head and neck cancer: a virus-related cancer epidemic

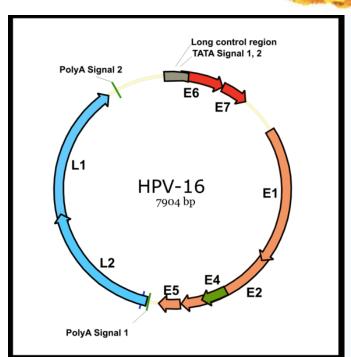
Dr Shanthi Marur MD a Www. Gypsyamber D'Souza PhD b, Prof William H Westra MD c, Prof Arlene A Forastiere MD a

#### Summary

## **Human Papilloma Virus**

- Double stranded circular DNA
- 72 L1 capsid proteins
- >170 types
- Cervical and oropharyngeal SCC type 16 most common
- Can survive cold and dry
- Orogenital transmission
- Hand genital transmission

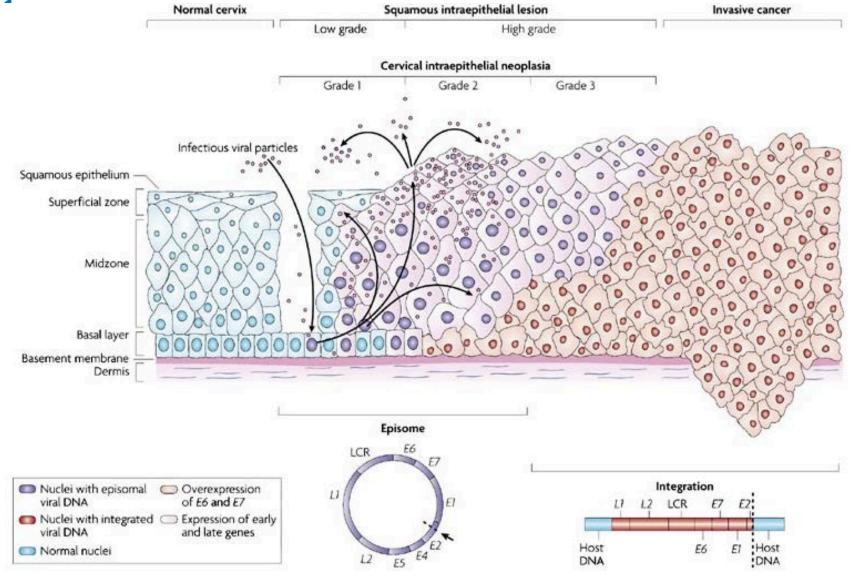




nse.org

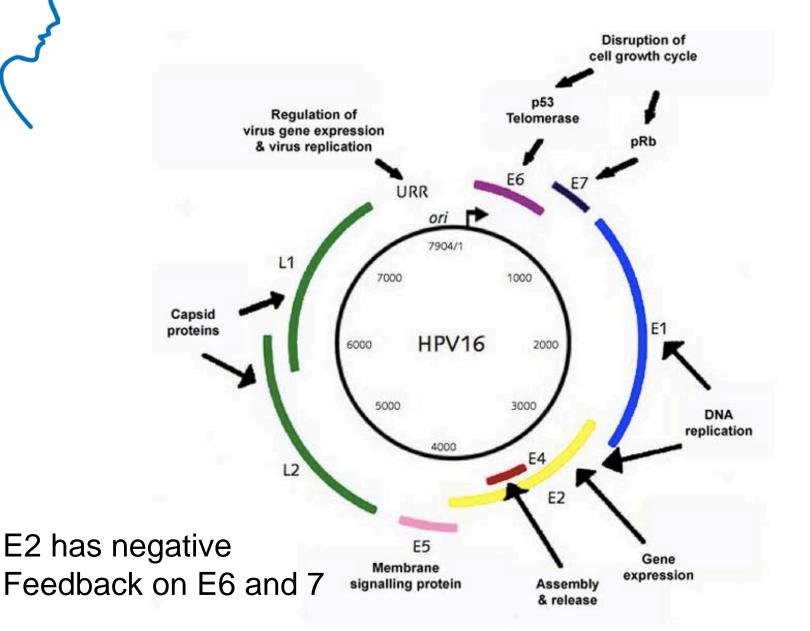
n H A

#### How does it cause infection?



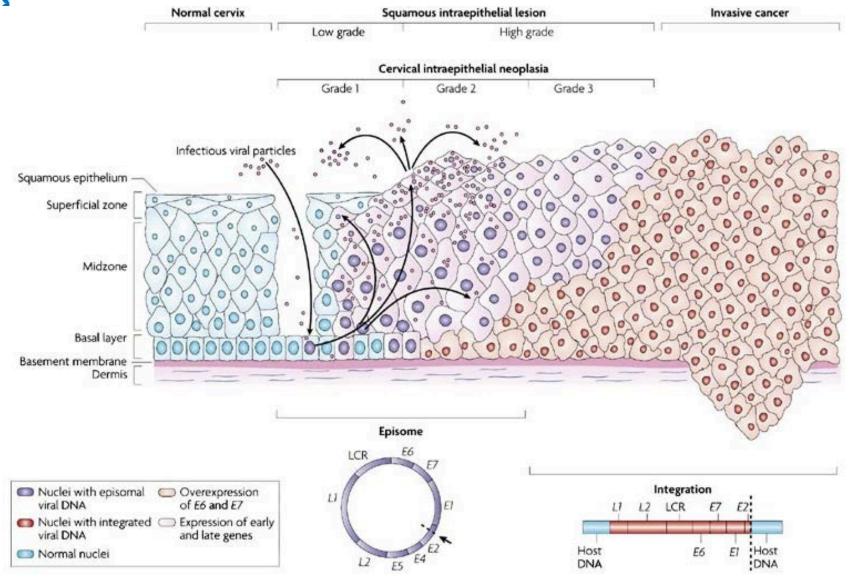
#### n H A N S E

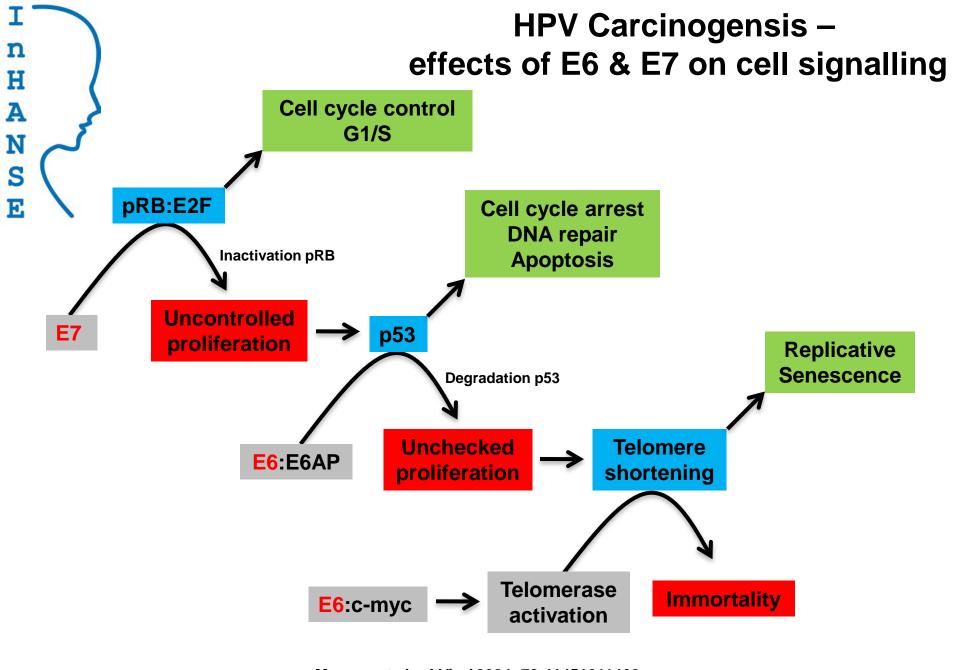
#### How does it replicate and spread?



n H A

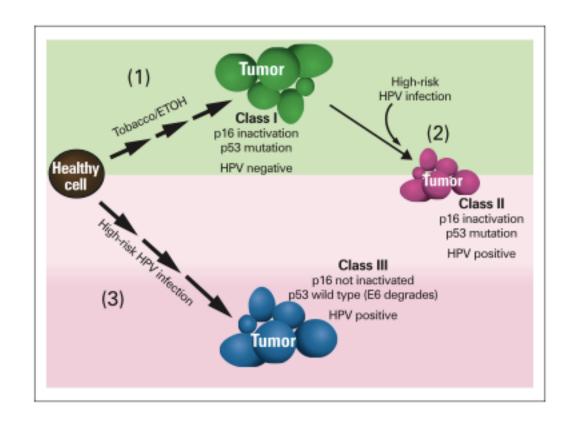
#### How does it cause cancer?





n H A N S

# Interaction between HPV and smoking



The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

# Case-Control Study of Human Papillomavirus and Oropharyngeal Cancer

Gypsyamber D'Souza, Ph.D., Aimee R. Kreimer, Ph.D., Raphael Viscidi, M.D., Michael Pawlita, M.D., Carole Fakhry, M.D., M.P.H., Wayne M. Koch, M.D., William H. Westra, M.D., and Maura L. Gillison, M.D., Ph.D.

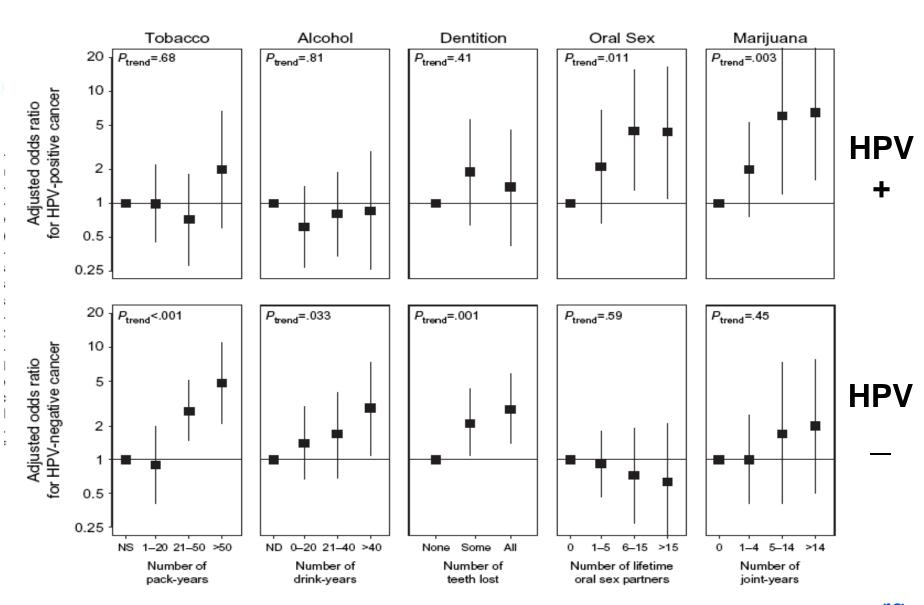
#### **Risk factors for HPV-OPSCC**

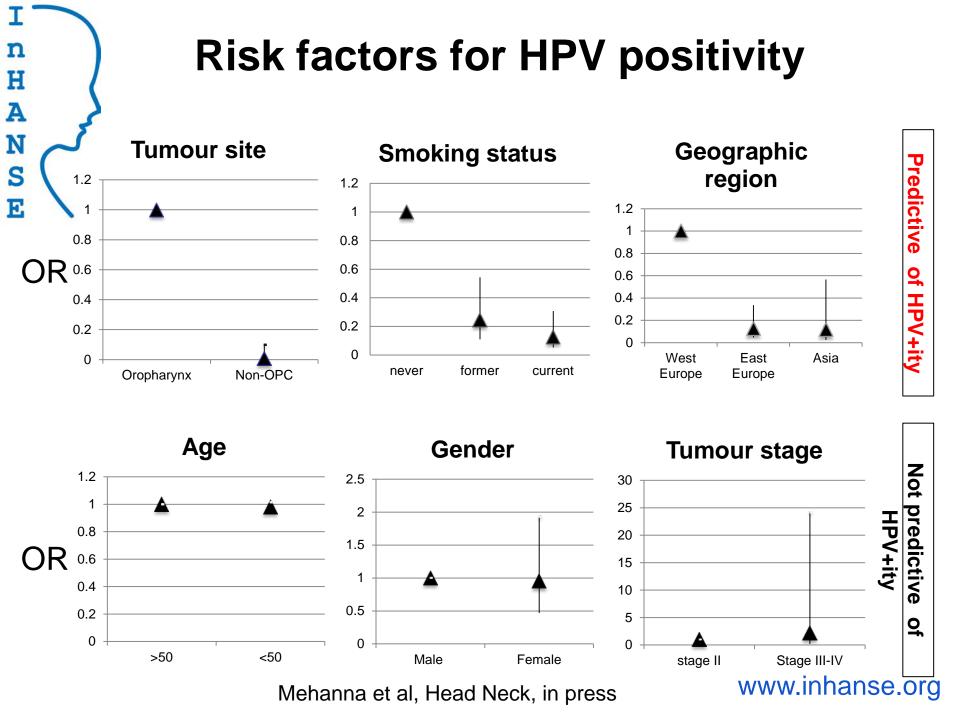
Table 2. Associations of Oropharyngeal Canc	er with Sexual Behaviors.*			
Sexual Behavior	Patients with Oropharyngeal Cancer (N=100)	Control Patients (N = 200)	Adjusted Odd	s Ratio (95% CI)†
			All Patients	HPV-16+ Patients‡
	number	(percent)		
Lifetime no. of vaginal-sex partners				
0–5	31 (31)	108 (54)	1.0	1.0
6–25	41 (41)	63 (32)	2.2 (1.2–4.0)	2.7 (1.4–5.5)
≥26	28 (28)	29 (14)	3.1 (1.5–6.5)§	4.2 (1.8–9.4)¶
Lifetime no. of oral-sex partners				
0	12 (12)	38 (19)	1.0	1.0
1–5	46 (46)	110 (55)	1.9 (0.8–4.5)	3.8 (1.0–14.0)
≥6	42 (42)	52 (26)	3.4 (1.3–8.8)	8.6 (2.2–34.0)**
Anal sex				
No	55 (55)	129 (64)	1.0	1.0
Yes	45 (45)	71 (36)	1.3 (0.8–2.2)	1.6 (0.9–2.8)
Casual-sex partner††				
No	42 (42)	120 (60)	1.0	1.0
Yes	58 (58)	80 (40)	17(10-30)	2 4 (1 2-4 7)

D'souza, NEJM, 2007

www.inhanse.org

#### **Risk factors**



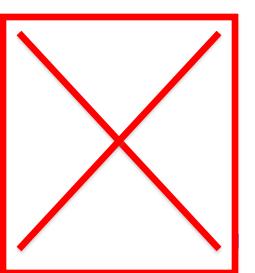


n H A N S

# Risk factors – the 'good time' cancer

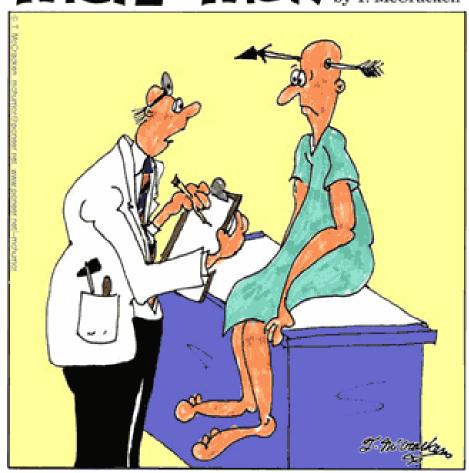






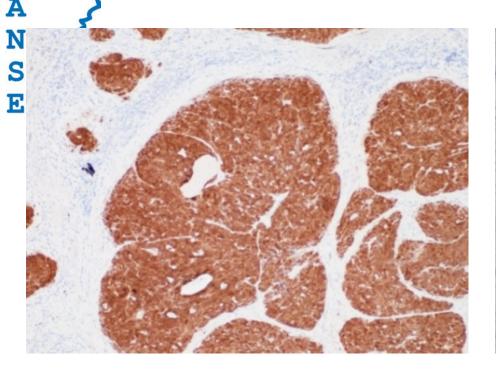
#### **Diagnosis**

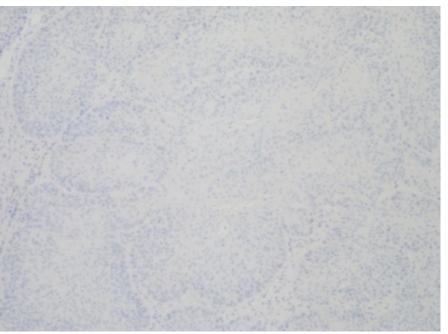
# MCHUMOR by T. McCracken



"Off hand, I'd say you're suffering from an arrow through your head, but just to play it safe, I'm ordering a bunch of tests."

#### Interpretation of p16 immunohistochemistry





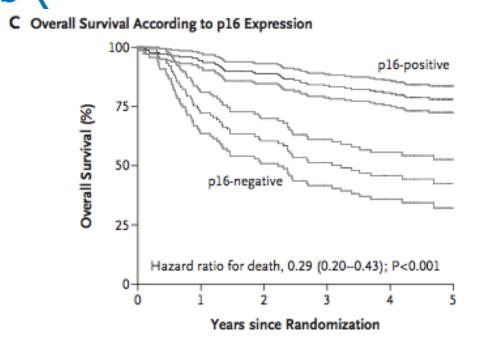
#### High interobserver agreement

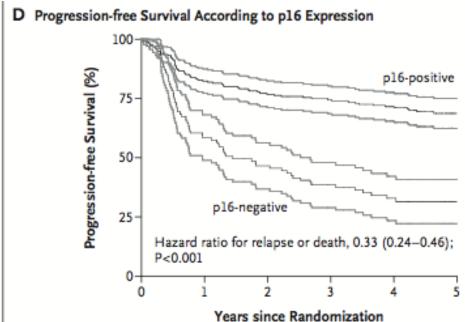
Thavaraj et al. *J Clin Pathol* 2011;64:308-312 Intraclass correlation 0.986 (95% Cl 0.982-0.990. p<0001)

Jordan et al. *Am J Surg Pathol* 2012;36:945-954 Kappa scores >0.90

## n H A N

#### p16 immunohistochemistry



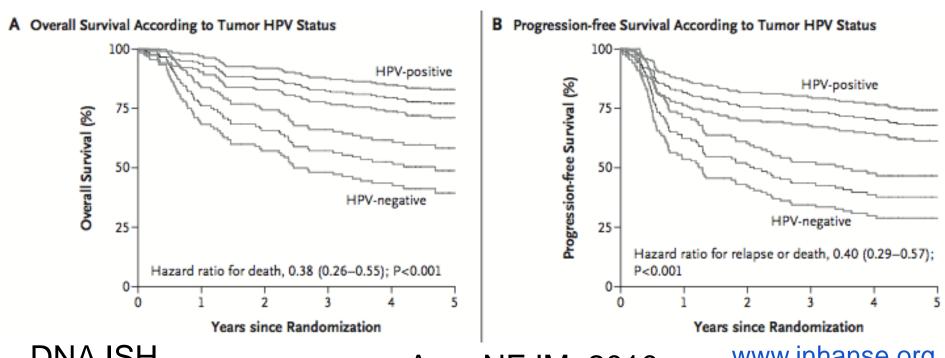


Ang, NEJM, 2010

# N

#### **HPV DNA**

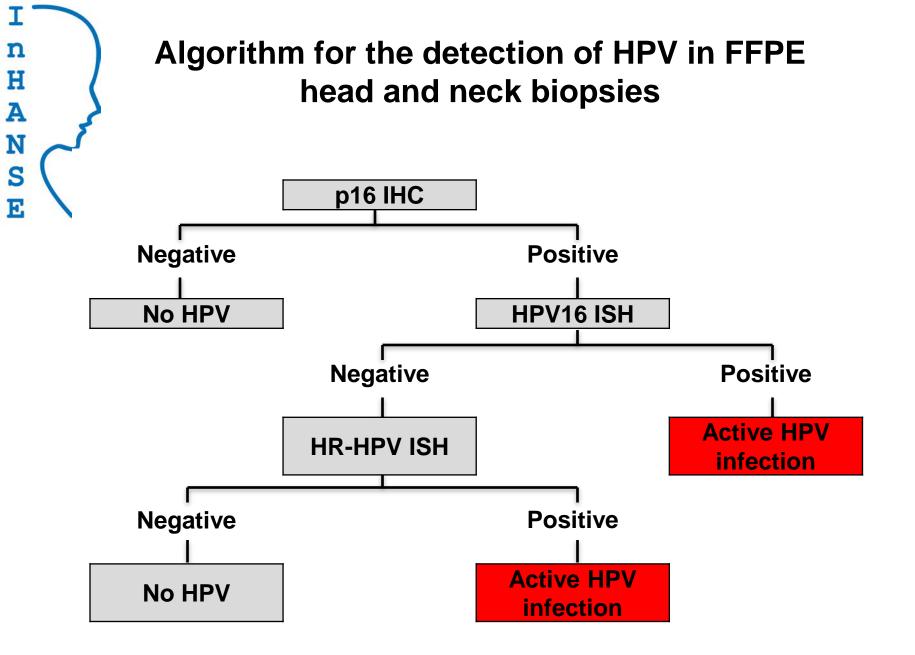
- HPV DNA testing by:
  - PCR to HPV L1 G5+/G6+ or E6 DNA 16 and other high risk types
  - DNA in-situ hybridisation
- HPV DNA status is prognostic



**DNAISH** 

Ang, NEJM, 2010

www.inhanse.org





# p16 IHC & high risk HPV ISH has acceptable sensitivity & specificity for oncogenic HPV infection

HPV test	Sensitivity	Specificity
HR-HPV ISH	88%	88%
p16 IHC	94%	82%
p16 IHC & HPV ISH	88%	90%
P16 IHC & HPV PCR	97%	94%

Reference test mRNA on fresh frozen biopsies

Schache et al. Clin Cancer Res 2011

#### I n H A N S E

#### **HPV HNC – a distinct disease entity**

The molecular biology of head and neck cancer

C. René Leemans, Boudewijn J. M. Braakhuis and Ruud H. Brakenhoff

Feature	HPV-negative HNSCC	HPV-positive HNSCC
Incidence	Decreasing	Increasing
Aetiology	Smoking, excessive alcohol use	Oral sex
Age	Above 60 years	Under 60 years
Field cancerization	Yes	Unknown
TP53 mutations	Frequent	Infrequent
Predilection site	None	Oropharynx
Prognosis	Poor	Favourable

HNSCC, head and neck squamous cell carcinoma; HPV, human papillomavirus.

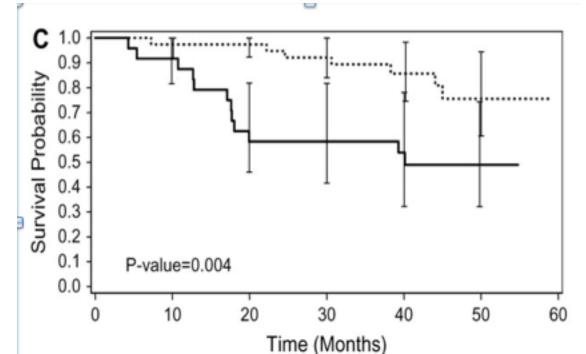
Leemans et al., Nature Reviews 2011 www.inhanse.org

## Good news .....

Improved response to CRT

Metanalysis: HPV +ve 28% reduced risk of dying 49% reduced risk of local recurrence

Ragin, Int J Cancer, 2007



2 yr OS: 95% vs 62%

Fakhry et al. *J. Natl Cancer Inst.* 2008

www.inhanse.org



#### **CRT and HPV**

The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

# Human Papillomavirus and Survival of Patients with Oropharyngeal Cancer

K. Kian Ang, M.D., Ph.D., Jonathan Harris, M.S., Richard Wheeler, M.D., Randal Weber, M.D., David I. Rosenthal, M.D., Phuc Felix Nguyen-Tân, M.D., William H. Westra, M.D., Christine H. Chung, M.D., Richard C. Jordan, D.D.S., Ph.D., Charles Lu, M.D., Harold Kim, M.D., Rita Axelrod, M.D., C. Craig Silverman, M.D., Kevin P. Redmond, M.D., and Maura L. Gillison, M.D., Ph.D.

- RCT: Cisplatin with standard fractionation vs accelerated fractionation
- 323 patients
- 78% Stage IV, 22% Stage III
- 81% T3 and T4, no T1

#### n H A N S E

#### Risk stratification in the new age

#### 3 risk categories:

Intermediate risk

High risk

Low risk: HPV+ / no or low smokers (50% patients)

OS 3 yr 93%

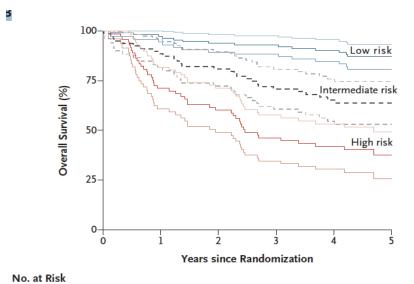
Intermediate: HPV+ + smokers+N2b-N3 and

HPV- + low-no smoker + T2-3

OS 3yr 70.8%

High: HPV- /high smokers or low smoker+T4

70



64

54

44

24

OS 3yr 46.3%

Ang, NEJM, 2010

www.inhanse.org



original article

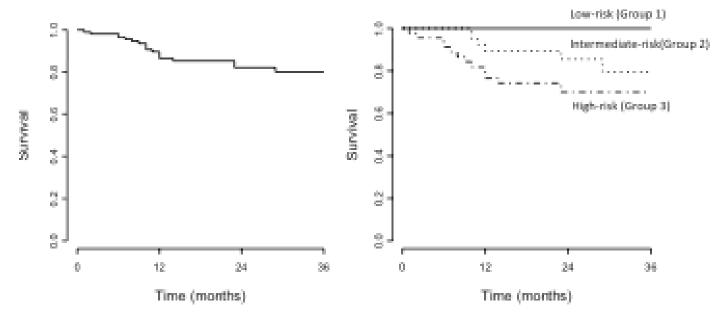
Annals of Oncology doi:10.1093/annonc/mdr544

# Tumor stage, human papillomavirus and smoking status affect the survival of patients with oropharyngeal cancer: an Italian validation study

R. Granata<sup>1</sup>, R. Miceli<sup>2</sup>, E. Orlandi<sup>3</sup>, F. Perrone<sup>4</sup>, B. Cortelazzi<sup>4</sup>, M. Franceschini<sup>3</sup>, L. D. Locati<sup>1</sup>,

P. Bossi<sup>1</sup>, C. Bergamini<sup>1</sup>, A. Mirabile<sup>1</sup>, L. Mariani<sup>2</sup>, P. Olmi<sup>3</sup>, G. Scaramellini<sup>5</sup>, P. Potepan<sup>6</sup>,

P. Quattrone<sup>7</sup>, K. K. Ang<sup>8</sup> & L. Licitra<sup>1</sup>\*



#### Prognostic Factors and Survival Unique to Surgically Treated p16+ Oropharyngeal Cancer

Bruce H. Haughey, MBChB, FRACS, FACS; Parul Sinha, MBBS, MS

Multivariate Cox Proportional Hazard Ratios for Disease-Free Survival in Models Based on Clinical T Stage.

Variables		HR (95% CI)	P Value
cT stage (	T3-4 vs. T1-2)	3.03 (1.10-8.34)	.032
Smoker (e	ver vs. never)	4.19 (1.22-14.42)	.023
No. of no	des (0-1 vs. ≥2)	6.36 (1.72-23.47)	.005
No. of no	des (1-2 vs. ≥3)	7.06 (1.97-25.27)	.003*
pN stage	(N2a+ vs. N0-2a)	3.8 (1.1-13.30)	.032
Adjuvant I	Rx (any vs. none)	0.21 (0.06-0.71)	.012 <sup>†</sup>
cT stage ( T1-3 to	T4 tonsil vs. nsil)	4.93 (1.46-16.65)	.010
cT stage ( T1-3 to	T4 tonsil vs. ngue base)	8.26 (2.27-29.99)	.001

<sup>\*</sup>Significance observed in models that excluded patients with no involved neck nodes (n = 153).

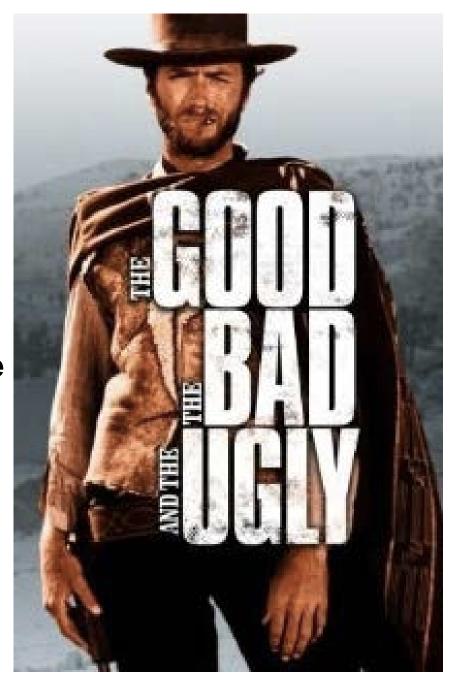
<sup>&</sup>lt;sup>†</sup>Lost its significance in models with T stage.

HR = hazard ratio; CI = confidence interval; cT = clinical T stage; pN = pathological N stage, Rx = Therapy.

Low

**Intermediate** 

High



3yr OS

93%

**70.8%** 

46.3%

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### n H A N S

#### Behaviour HPV+ different to HPV-

- Loco-regional control:
  - HPV+ higher than HPV-
  - 3 yr regional control=94% vs 84% in Toronto series
  - Responsible for improved survival in HPV+

Huang et al, Oral Onc, 2013

– RTOG 01293yr-LRC

• Low risk 90.4%

• Intermediate 80.9%

• High 57.3%

Ang, personal comm

#### Behaviour HPV+ different to HPV-

Distant control

Oral Oncology 49 (2013) 79-85



Contents lists available at SciVerse ScienceDirect

#### Oral Oncology

journal homepage: www.elsevier.com/locate/oraloncology



Natural course of distant metastases following radiotherapy or chemoradiotherapy in HPV-related oropharyngeal cancer \*

Shao Hui Huang <sup>a</sup>, Bayardo Perez-Ordonez <sup>b</sup>, Ilan Weinreb <sup>b</sup>, Andrew Hope <sup>a</sup>, Christine Massey <sup>c</sup>, John N. Waldron <sup>a</sup>, John Kim <sup>a</sup>, Andrew J. Bayley <sup>a</sup>, Bernard Cummings <sup>a</sup>, B.C. John Cho <sup>a</sup>, Jolie Ringash <sup>a</sup>, Laura A. Dawson <sup>a</sup>, Lillian L. Siu <sup>d</sup>, Eric Chen <sup>d</sup>, Jonathan Irish <sup>e</sup>, Patrick Gullane <sup>e</sup>, Angela Hui <sup>f</sup>, Fei-Fei Liu <sup>a,f</sup>, Xiaowei Shen <sup>c</sup>, Wei Xu <sup>c</sup>, Brian O'Sullivan <sup>a,\*</sup>

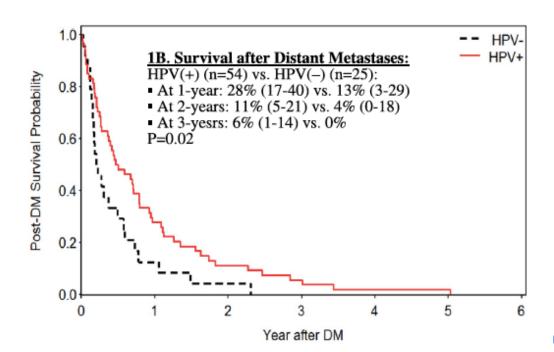
#### **Behaviour HPV+ different to HPV-**

- Distant control
  - HPV+ similar to HPV-
    - 3yr 89% vs 85% ; 5yr 87% vs 85%
  - Higher percentage of distant failure only in patients who fail in HPV+ (48%) vs HPV-ve (27%)
  - Distant failure occurs later in HPV+
    - HPV- all within 2.1 years
    - HPV+ 20% after yr 2 and 13% after yr 3
    - HPV+ longest within 5.3years
  - Distant failure occurs in different sites
    - HPV-ve: lung (commonest 22/25), liver, bone
    - HPV+: lung (commonest 42/54), skin, brain, intra-abdominal LNs, skeletal muscle, pancreas, axilla, spleen, kidney, pericardial LN

#### I n H A N S E

#### Survival rate after DM

- Longer for HPV+
- 2yr survival after DM = HPV+ 11% vs HPV-ve 4%
- HPV+ patients with oligomets to lung who were treated (pall chemo, Rt or resection) appeared to have longer survival







# Failure mainly locoregional

 Data from RTOG 0129: Differences in survival between the low, intermediate and high-risk groups: mainly due to differences in 3 years LRC:

-Low risk: 90.4%,

-Intermediate risk: 80.9%

– High risk: 57.3%

- Data from Huang, O'Sullivan 2013
  - -Distant control (DC): HPV+ similar to HPV-
    - 3yr DC 89% vs 85%
    - 5yr DC 87% vs 85%



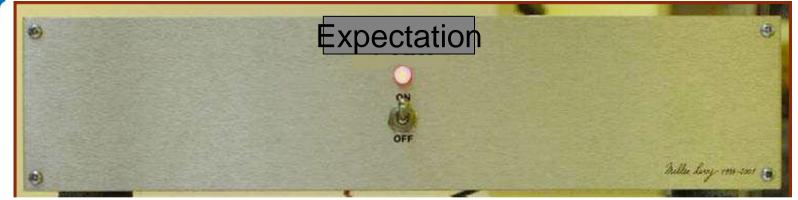
# Options for improving locoregional control

- Add induction chemotherapy
- Add more RT intensification of RT

- Add surgery
- Other regimens



# **HPV+ high risk?**



#### **CompARE**

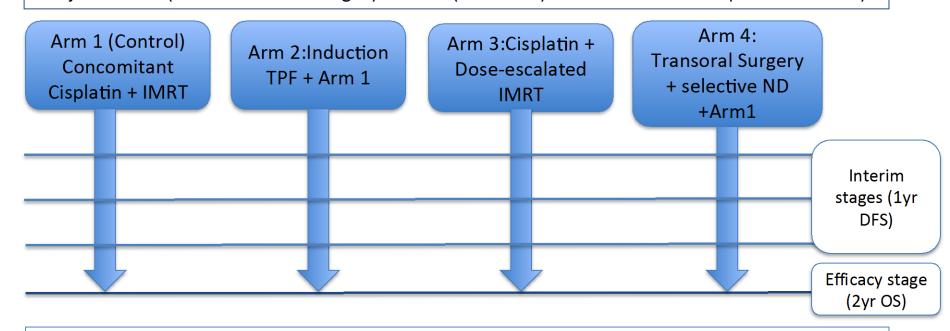
#### **Population**

Intermediate or high risk OPC, >18yrs, ECOG PS 0-1, Fit for surgery and chemotherapy.

#### **RANDOMISE to ARMS 1-4 or ARMS 1-3 only**

**Stratify** Intermediate vs High risk & Centre.

Adjust for Site (Tonsil vs Base of Tongue) and size (T1-3 vs T4) of tumour and nodes (N0-2A vs N2B-3)



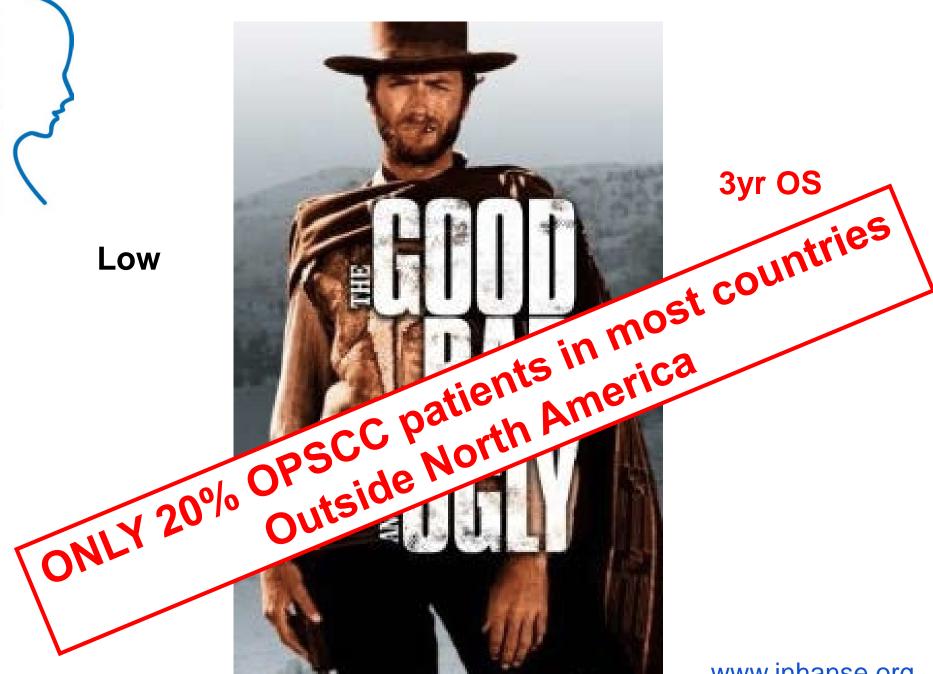
#### **Primary Outcome**

Overall survival (2 years)

#### **Secondary Outcomes**

Disease free survival, Acute and Late severe toxicity using CTCAE, QoL using EORTC QLQ-C30 & HN35, & MDADI (for Swallowing), Cost-effectiveness using EQ-5D, Surgical complications, Molecular markers





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3yr OS

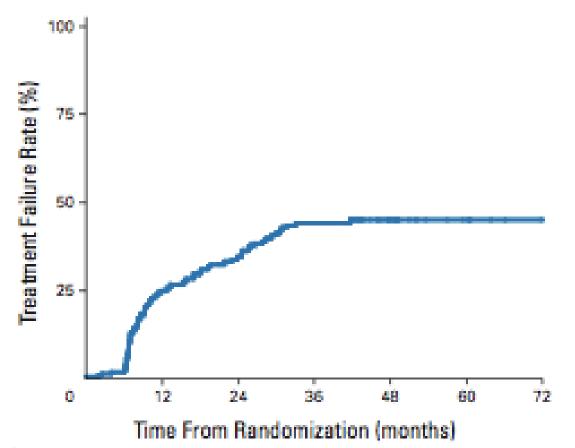


## **Bad news**



# **CRT** - toxicity

Higher survival rates in younger patients = living longer with morbidity





# Are we over-treating?



Are there any alternative treatment regimens with similar survival but less toxicity?





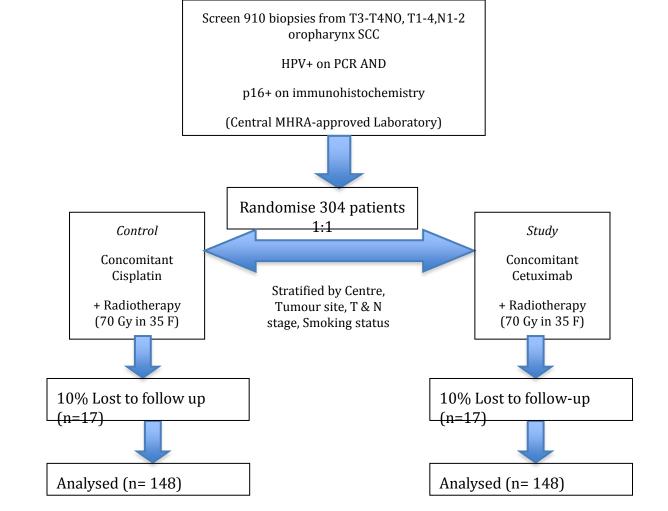


## Determination of EGFR-inhibitor versus Standard CRT early And Late Toxicity Events in HPV – positive Oropharyngeal SCC

**De-ESCALaTE HPV** 

**CI: Hisham Mehanna** 





H

A

N

#### Follow-up: 2 years

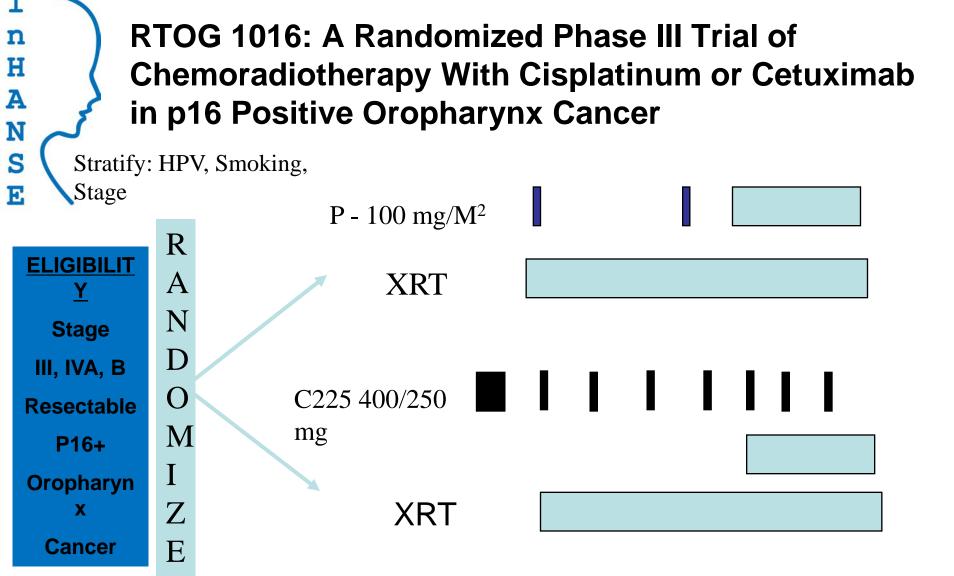
#### **Primary outcomes:**

Severe Toxicity (Acute and Late): using CTCAE grading, including skin rashes, mucositis

#### Secondary outcomes:

Health economics using EQ-5D, Early toxicity, Quality of life: using EORTC general and head neck specific modules, Swallowing: using MDADI questionnaire and gastrostomy - dependency rates, Mortality (cause of death), disease free survival, recurrence, metastases.

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LOW and INT RISK OPC

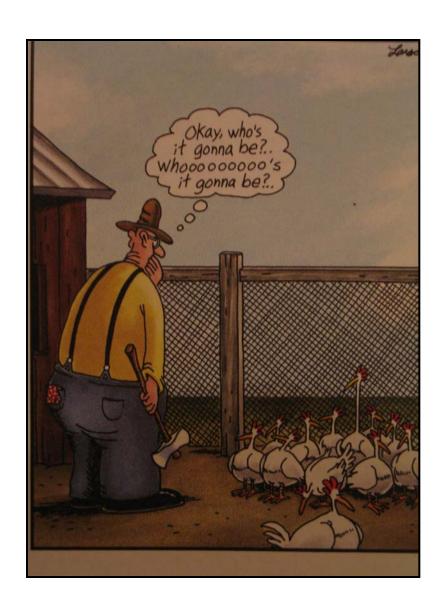
70 Gy in 35 Fxs

CI: Trotti, Gillison

www.inhanse.org

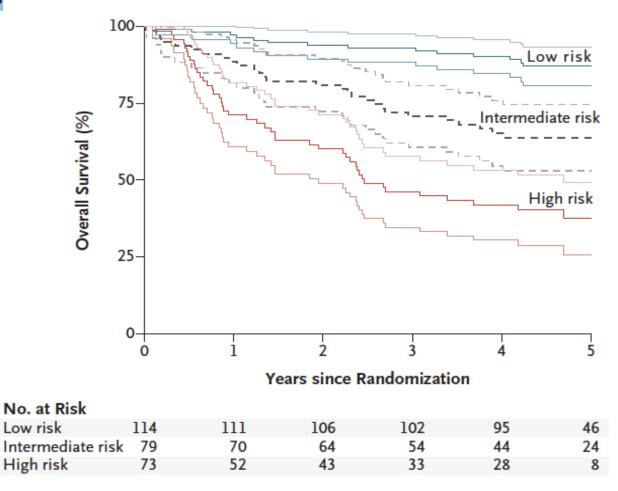
I n H A N S E

# Personalised treatment selection



### Risk factors in the new age

3 risk categories:

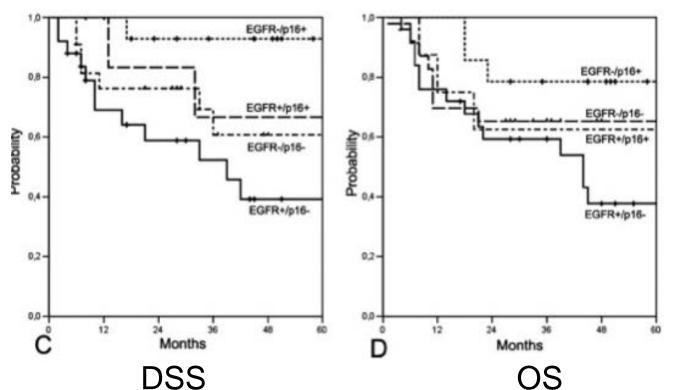




# **EGFR inhibitors** – biological rationale

- 40% of p16+ are high EGFR expressors Kumar, JCO, 2008
- p16+, EGFR+ worse outcome than p16+, EGFR-

Reimar. Int J Cancer. 2007



ww.inhanse.org

## Biomarkers with prognostic effect

CLINICAL REVIEW

David W. Eisele, MD, Section Editor

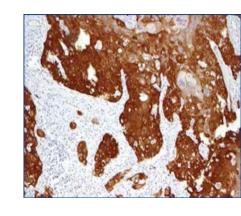
# Prognostic biomarkers of survival in oropharyngeal squamous cell carcinoma: systematic review and meta-analysis

James W. Rainsbury, MRCS, Waseem Ahmed, MRCS, Hazel K. Williams, PhD, Sally Roberts, PhD, Vinidh Paleri, FRCS (ORL-HNS), Hisham Mehanna, FRCS (ORL-HNS)

<sup>1</sup>Institute of Head and Neck Studies and Education (InHANSE), University Hospital, Coventry, United Kingdom, <sup>2</sup>Department of Cellular Pathology, Queen Elizabeth Hospital, Edgbaston, Birmingham, United Kingdom, <sup>3</sup>Institute of Cancer Research, University of Birmingham, Birmingham, United Kingdom, <sup>4</sup>Department of Otolaryngology, The Newcastle-upon-Tyne Hospitals NHS, Foundation Trust, Newcastle, United Kingdom.

# **Biomarkers with prognostic effect**

Biomarker	No of cases	Distribution  (% cohort that is positive)	Relative Risk (95% CI)
Bcl2	97	8.2	0.40 (0.22-0.71)
HPV *	538	37.9	0.44 (0.44-0.58)
p16 *	291	37.5	0.43 (0.31-0.60)
EGFR*	128	32	1.20 (0.94-1.53)
COX2	82	45.1	1.36 (1.00-1.83)
FHIT	34	42.4	1.62 (1.13-2.34)
MVP	78	26.9	1.88 (1.13-3.14)
CD31 microvessel density*	132	53.0	1.96 (1.5-2.55)
HIF1α*	178	36.7	2.35 (1.42-3.90)
Cyclin D1 (nuclear)	32	50.8	3.61 (1.79-7.73)
c-met	97	4.1	3.72 (1.77-7.86)
PLK	157	50.3	4.30 (2.13-8.70)
Survivin (nuclear)	94	19.1	5.66 (1.57-20.33)
EGFR copy number	75	58	4.0 (1.4-11.6)





# Biomarker classifiers to predict prognosis following treatment of oropharyngeal carcinoma

PredicTr-OPC

CI: Prof Hisham Mehanna
Institute of Head and Neck Studies and Education



# I n H A N S E

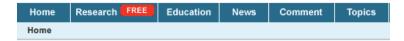
#### PredicTr-OPC team

- Buffa (Oxford)
- Harris (Oxford)
- Helliwell (Liverpool)
- Homer (Manchester)
- Jones (Liverpool)
- McCabe (Birmingham)
- Mehanna (Coventry)
- Nankivell (Coventry)
- Robinson (Newcastle)
- Snead (Coventry)
- Sloan (Newcastle)
- West (Manchester)



### **Economic cost of HPV**

 HPV-related non-cervical disease, in USA, in 2003 = approx \$418 million (range, \$160 million - \$1.6 billion) BMI helping doctors make better decisions



#### Cover note





# Do not change management of OPSCC patients without evidence

Enroll your patients into appropriate clinical trials

# My ancestors were right....



"These guys were more health conscious than we previously thought!"

# H A N E

#### InHANSE team

#### **Clinical trials**

Anjola Awofisoye Michelle Faupel Gemma Jones Nyra Nyamayaro Linda Wagstaff Lucy Winterbottom Corinne Wrang

Alison Edmonds Victoria Harrop June Jones

Neil Sharma

Paul Nankivell

#### **Translational**

**Farhat Khanim** Sean James Chris McCabe Davy Rapozo Pete Rae Sally Roberts Max Robinson

Vicki Smith

Gosia Wiench

Ciaran Woodman

F

#### Clinical

Rasoul Amelkashipaz

teve Colley drew Hartley m Martin aul Pracy aul Sanghera

Kristien Boelaert

liaz Ahmed

hn Watkinson

Adrian Warfield

**Zoe Neary** 

Kate Reid

Des Mcguire

Karen Hutton

**Patients Collaborators** 

Chris Jennings Sat Parmar Miro Tedla Prav Praveen **James Good Huw Griffiths** Janet O'Connell Sharan Jayan **Anthony Kong** 

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Clinical trials and effectiveness



Experimental and translational medicine



Quality of life

